

April 4 – April 8**HOT LUNCH MENU**

Name _____ Class _____

MILK: (Please circle days milk is required) 40¢ per day.

White Milk Monday Tuesday Wednesday Thursday \$ _____

Chocolate Milk Monday Tuesday Wednesday Thursday \$ _____

TUESDAY, April 5 _____ Shepherd's Pie (\$1.75) \$ _____

_____ Multigrain bun (75 ¢) \$ _____

THURSDAY, April 7 _____ Chicken Wrap (\$1.75) \$ _____

_____ Apple Crumble (50¢) \$ _____

TOTAL ORDER: \$ _____**Ingredients:****Shepherd's Pie** – Ground beef, carrots, corn, potato**Chicken Wrap:** Chicken, cheese, lettuce on a whole wheat wrap**Apple Crumble:** Apples, oatmeal and flour crumble on top**April 11 - 15****HOT LUNCH MENU**

Name _____ Class _____

MILK: (Please circle days milk is required) 40¢ per day.

White Milk Monday Tuesday Wednesday Thursday \$ _____

Chocolate Milk Monday Tuesday Wednesday Thursday \$ _____

TUESDAY _____ Pizza Sticks (\$1.75/slice) \$ _____

_____ Caesar Salad (75¢) \$ _____

THURSDAY _____ Lasagna (\$1.75) \$ _____

_____ Brownie (Healthy) \$ _____

TOTAL ORDER: \$ _____**Ingredients:****Pizza Sticks:** Ground beef, pepperoni, sauce and cheese**Caesar salad:** Romaine lettuce, dressing, croutons, parmesan cheese

Lasagna: Whole wheat noodles mixed with sauce loaded with veggies

Brownies: Black bean brownies add protein**April 18 – 22****HOT LUNCH MENU**

Name _____ Class _____

MILK: (Please circle days milk is required) 40¢ per day.

White Milk Monday Tuesday Wednesday Thursday \$ _____

Chocolate Milk Monday Tuesday Wednesday Thursday \$ _____

TUESDAY _____ Quesadilla (\$1.75) \$ _____

_____ Fruit Smoothie (75¢) \$ _____

THURSDAY _____ Stuffed Potato (\$1.75) \$ _____

_____ Blueberry Muffin (75¢) \$ _____

TOTAL ORDER: \$ _____**Ingredients:****Quesadilla:** Salsa, onions, green peppers and cheese in a whole wheat wrap**Fruit Smoothie:** Mixed fruit and berries with milk and yogurt**Stuffed Potato:** Ground beef, cheese and sour cream mixed into the potato and re-heated**Blueberry Muffin****April 25 – 29****HOT LUNCH MENU**

Name _____ Class _____

MILK: (Please circle days milk is required) 40¢ per day.

White Milk Monday Tuesday Wednesday Thursday \$ _____

Chocolate Milk Monday Tuesday Wednesday Thursday \$ _____

TUESDAY _____ Homemade Mac & Cheese (\$1.75) \$ _____

_____ Side Salad (75¢) \$ _____

THURSDAY _____ Meatball Sub (\$1.75) \$ _____

_____ Veggie Sticks with dip (75¢) \$ _____

TOTAL ORDER: \$ _____**Ingredients:****Homemade Mac & Cheese:** Smart macaroni noodles with a homemade cheese sauce**Side Salad:** Lettuce, cucumbers, carrots, celery**Meatball Sub:** Meatballs with spaghetti sauce & cheese in a whole wheat bun